



# January 2024

## Houston Gateway Academy Supper 6-18yr

			<p><b>Lunch Entree</b> Supper Box: Turkey Slices &amp; Cheese Cubes with Crackers <b>Vegetables</b> Baby Carrots <b>Fruit</b> Sour Strawberry Raisins <b>Condiments</b> Ranch Packet</p>
<p><b>Lunch Entree</b> Fritos &amp; Bean Dip <b>Vegetables</b> Baby Carrots <b>Fruit</b> Apple Crisps <b>Misc.</b> String Cheese <b>Condiments</b> Ranch Packet</p>	<p><b>Lunch Entree</b> Bagel with Cream Cheese &amp; Wowbutter <b>Vegetables</b> Baby Carrots <b>Fruit</b> Craisins <b>Misc.</b> String Cheese <b>Condiments</b> Ranch Packet</p>	<p><b>Lunch Entree</b> Sunflower Seeds, Yogurt and Cheddar Crackers <b>Vegetables</b> Baby Carrots <b>Fruit</b> Red Apple <b>Condiments</b> Ranch Packet</p>	<p><b>Lunch Entree</b> Diced Grilled Chicken &amp; Dips <b>Vegetables</b> Baby Carrots <b>Fruit</b> Sour Strawberry Raisins <b>Condiments</b> Ranch Packet</p>
	<p><b>Lunch Entree</b> Peach Smoothie + Cinnamon Toast Crunch Cereal Bar <b>Vegetables</b> Baby Carrots <b>Misc.</b> String Cheese <b>Condiments</b> Ranch Packet</p>	<p><b>Lunch Entree</b> Turkey Ham &amp; Cheese Croissant Sandwich <b>Vegetables</b> Baby Carrots <b>Fruit</b> Red Apple <b>Condiments</b> Ranch Packet</p>	<p><b>Lunch Entree</b> Beef Jerky, Cheese Cubes &amp; Cheddar Crackers <b>Vegetables</b> Baby Carrots <b>Fruit</b> Sour Strawberry Raisins <b>Condiments</b> Ranch Packet</p>
<p><b>Lunch Entree</b> Fritos &amp; Taco Dip <b>Vegetables</b> Baby Carrots <b>Fruit</b> Apple Crisps <b>Misc.</b> Ranch</p>	<p><b>Lunch Entree</b> Yogurt, Smart Crackers and Cheese Stick <b>Vegetables</b> Baby Carrots <b>Fruit</b> Craisins <b>Condiments</b> Ranch Packet</p>	<p><b>Lunch Entree</b> Turkey &amp; Cheese Squares with WG Cheetos <b>Vegetables</b> Baby Carrots <b>Fruit</b> Red Apple <b>Condiments</b> Ranch Packet</p>	<p><b>Lunch Entree</b> Parmesan Garlic Chicken Roll-Up <b>Vegetables</b> Baby Carrots <b>Fruit</b> Sour Strawberry Raisins <b>Misc.</b> String Cheese <b>Condiments</b> Ranch Packet</p>
<p><b>Lunch Entree</b> Tortilla Chips &amp; Bean Dip <b>Vegetables</b> Baby Carrots <b>Fruit</b> Apple Crisps <b>Misc.</b> String Cheese <b>Condiments</b> Ranch Packet</p>	<p><b>Breakfast Entree</b> Yogurt, Craisins &amp; Granola Parfait <b>Vegetables</b> Baby Carrots <b>Misc.</b> String Cheese <b>Condiments</b> Ranch Packet</p>	<p><b>Lunch Entree</b> Diced Grilled Chicken &amp; Dips <b>Vegetables</b> Baby Carrots <b>Fruit</b> Red Apple <b>Misc.</b> String Cheese <b>Condiments</b> Ranch Packet</p>	

All K-12 Breakfast and Lunch are served with a choice of milk. Preschool and Supper meals are served with 1% white milk. Milk is not offered at snack.