



# January 2024

## Houston Gateway Academy Lunch Preschool HGA

			<b>Lunch Entree</b> Teriyaki Chicken Rice Bowl <b>Vegetables</b> Creamed Corn <b>Fruit</b> Diced Peaches	<b>Lunch Entree</b> Beef Crumbles Pizza <b>Vegetables</b> Diced Carrots <b>Fruit</b> Pears
<b>Lunch Entree</b> Sloppy Joe <b>Vegetables</b> Crinkle Cut Fries <b>Fruit</b> Applesauce	<b>Lunch Entree</b> Bean & Cheese Pupusa <b>Vegetables</b> Broccoli <b>Fruit</b> Sliced Oranges	<b>Lunch Entree</b> Breaded Chicken Parmesan Sandwich <b>Vegetables</b> Sugar Snap Peas <b>Fruit</b> Red Apple Slices	<b>Lunch Entree</b> BBQ Chicken Slider <b>Vegetables</b> Broccoli <b>Fruit</b> Sliced Oranges	<b>Lunch Entree</b> Turkey & Beef Pepperoni Pizza <b>Vegetables</b> Diced Carrots <b>Fruit</b> Pears
	<b>Lunch Entree</b> Chicken Fajita Queso Taco <b>Vegetables</b> Pinto Beans <b>Fruit</b> Sliced Oranges	<b>Lunch Entree</b> Grilled Cheese <b>Vegetables</b> Broccoli <b>Fruit</b> Red Apple Slices	<b>Lunch Entree</b> Chicken Parmesan Penne Pasta <b>Fruit</b> Diced Peaches	<b>Lunch Entree</b> Deep Dish Cheese Pizza <b>Vegetables</b> Broccoli <b>Fruit</b> Pears
<b>Lunch Entree</b> Chicken Tenders & Ketchup <b>Vegetables</b> Crinkle Cut Fries <b>Fruit</b> Applesauce	<b>Lunch Entree</b> Beef Tamales <b>Vegetables</b> Pinto Beans <b>Fruit</b> Sliced Oranges	<b>Lunch Entree</b> Breakfast for Lunch: Scrambled Eggs & French Toast Sticks <b>Vegetables</b> Sweet Potato Hash <b>Fruit</b> Red Apple Slices	<b>Lunch Entree</b> "Fried" Chicken Bowl with Mashed Potatoes & Corn <b>Fruit</b> Diced Peaches	<b>Lunch Entree</b> Turkey & Beef Pepperoni Pizza <b>Vegetables</b> Diced Carrots <b>Fruit</b> Pears
<b>Lunch Entree</b> Breaded Chicken Sandwich <b>Vegetables</b> Wedge Cut Fries <b>Fruit</b> Applesauce	<b>Lunch Entree</b> Beef & Bean Red Chili Burrito <b>Vegetables</b> Creamed Corn <b>Fruit</b> Sliced Oranges	<b>Lunch Entree</b> Korean Chicken Rice Bowl <b>Vegetables</b> Green Beans <b>Fruit</b> Red Apple Slices		

All K-12 Breakfast and Lunch are served with a choice of milk. Preschool and Supper meals are served with 1% white milk. Milk is not offered at snack.

This institution is an equal opportunity provider.