



# December 2023

## Houston Gateway Academy Lunch 9-12 HGA

				<b>Lunch Entree</b> Turkey & Beef Pepperoni Pizza <b>Vegetables</b> Broccoli Ranch Seasoned Diced Carrots <b>Fruit</b> Apple Juice Craisins	<b>01</b>				
<b>Lunch Entree</b> Turkey Hot Dog <b>Vegetables</b> Green Beans Pinto Beans <b>Fruit</b> Craisins Apple Juice	<b>04</b>	<b>Lunch Entree</b> Korean Chicken Rice Bowl <b>Vegetables</b> Diced Carrots Corn <b>Fruit</b> Orange Apple Juice	<b>05</b>	<b>Lunch Entree</b> Rotini & Meatballs <b>Vegetables</b> Green Beans <b>Fruit</b> Red Apple Slices Apple Juice <b>Grains</b> Garlic Texas Toast	<b>06</b>	<b>Lunch Entree</b> Breakfast for Lunch: Scrambled Eggs, Turkey Sausage & French Toast Sticks <b>Vegetables</b> Sweet Potato Hash Sautéed Peppers & Onions Salsa <b>Fruit</b> Diced Peaches Apple Juice	<b>07</b>	<b>Lunch Entree</b> Deep Dish Cheese Pizza <b>Vegetables</b> Marinara Sauce Dunk Cup Collard Greens <b>Fruit</b> Cool Tropics Slush Craisins	<b>08</b>
<b>Lunch Entree</b> Cheeseburger <b>Vegetables</b> Crinkle Cut Fries Corn <b>Fruit</b> Craisins Apple Juice	<b>11</b>	<b>Lunch Entree</b> Chicken Tenders & Honey Mustard Dip <b>Vegetables</b> Breaded Okra Pinto Beans <b>Fruit</b> Orange Apple Juice	<b>12</b>	<b>Lunch Entree</b> NEW!! HLB Vegetarian Fiesta Chili <b>Vegetables</b> Green Beans <b>Fruit</b> Red Apple Slices Apple Juice <b>Grains</b> Cheesy Cornbread Muffin	<b>13</b>	<b>Lunch Entree</b> Mini Chicken Corn Dogs <b>Vegetables</b> Sautéed Corn & Peppers Diced Carrots <b>Fruit</b> Diced Peaches Apple Juice	<b>14</b>	<b>Lunch Entree</b> Beef Crumbles Pizza <b>Vegetables</b> Parmesan Diced Carrots Broccoli <b>Fruit</b> Apple Juice Craisins	<b>15</b>
	<b>18</b>		<b>19</b>		<b>20</b>		<b>21</b>		<b>22</b>
	<b>25</b>		<b>26</b>		<b>27</b>		<b>28</b>		<b>29</b>

All K-12 Breakfast and Lunch are served with a choice of milk. Preschool and Supper meals are served with 1% white milk. Milk is not offered at snack.

This institution is an equal opportunity provider.