



November 2023

Houston Gateway Academy Supper 6-18yr

		Lunch Entree Turkey & Cheese Sandwich Vegetables Baby Carrots Fruit Red Apple Condiments Ranch Packet	01	Lunch Entree Wowbutter & Jelly Sandwich Vegetables Baby Carrots Fruit Sour Strawberry Raisins Misc. String Cheese Condiments Ranch Packet	02		
Lunch Entree Cheddar Cheese Nachos Vegetables Baby Carrots Fruit Apple Crisps Misc. String Cheese Condiments Ranch Packet	06	Lunch Entree Peach Smoothie + Cinnamon Toast Crunch Cereal Bar Vegetables Baby Carrots Misc. String Cheese Condiments Ranch Packet	07	Lunch Entree Sunflower Seeds, Yogurt and Cheddar Crackers Vegetables Baby Carrots Fruit Red Apple Condiments Ranch Packet	08	Lunch Entree Parmesan Garlic Chicken Roll-up Vegetables Baby Carrots Fruit Sour Strawberry Raisins Condiments Ranch Packet	09
Lunch Entree Fritos & Bean Dip Vegetables Baby Carrots Fruit Apple Crisps Misc. String Cheese Ranch	13	Lunch Entree Yogurt, Smart Crackers and Cheese Stick Vegetables Baby Carrots Fruit Craisins Condiments Ranch Packet	14	Lunch Entree Beef Jerky, Cheese Cubes & Cheddar Crackers Vegetables Baby Carrots Fruit Red Apple Condiments Ranch Packet	15	Breakfast Entree Yogurt, Craisins & Granola Parfait Vegetables Baby Carrots Misc. String Cheese Condiments Ranch Packet	16
	20		21		22		23
Lunch Entree Fritos & Taco Dip Vegetables Baby Carrots Fruit Apple Crisps Misc. String Cheese Condiments Ranch Packet	27	Lunch Entree Wowbutter & Jelly Sandwich Vegetables Baby Carrots Fruit Craisins Misc. String Cheese Condiments Ranch Packet	28	Lunch Entree Parmesan Garlic Chicken Bites & Cheddar Sun Chips Vegetables Baby Carrots Fruit Red Apple Condiments Ranch Packet	29	Lunch Entree Supper Box: Turkey Slices & Cheese Cubes with Crackers Vegetables Baby Carrots Fruit Sour Strawberry Raisins Condiments Ranch Packet	30

All K-12 Breakfast and Lunch are served with a choice of milk. Preschool and Supper meals are served with 1% white milk. Milk is not offered at snack.

This institution is an equal opportunity provider.