



November 2023

Houston Gateway Academy Lunch Preschool HGA

		Lunch Entree Beef & Cheese Taco Vegetables Pinto Beans Fruit Red Apple Slices	Lunch Entree BBQ Chicken Slider Vegetables Creamed Corn Fruit Diced Peaches	Lunch Entree Turkey & Beef Pepperoni Pizza Vegetables Diced Carrots Fruit Pears
Lunch Entree Cheeseburger Vegetables Wedge Cut Fries Fruit Applesauce	Lunch Entree NEW!! Beef & Broccoli over Rice Vegetables Broccoli Fruit Sliced Oranges	Lunch Entree Spaghetti & Meatballs Fruit Red Apple Slices	Lunch Entree Beef & Bean Red Chili Burrito Vegetables Creamed Corn Fruit Diced Peaches	Lunch Entree Beef Crumbles Pizza Vegetables Sautéed Spinach Fruit Pears
Lunch Entree Sloppy Joe Vegetables Crinkle Cut Fries Fruit Applesauce	Lunch Entree Chicken Tenders & Honey Mustard Dip Vegetables Broccoli Fruit Sliced Oranges	Lunch Entree Grilled Cheese Vegetables Sugar Snap Peas Fruit Red Apple Slices	Lunch Entree Roast Turkey & Gravy Vegetables Mashed Potatoes Fruit Rockin Rio Local Texas Grapefruit Juice Grains Cornbread Stuffing	
Lunch Entree Chicken Tenders & Ketchup Vegetables Crinkle Cut Fries Fruit Applesauce	Lunch Entree Beef Tamales + Queso Dip Vegetables Pinto Beans Fruit Sliced Oranges	Lunch Entree "Fried" Chicken Bowl with Mashed Potatoes Fruit Red Apple Slices	Lunch Entree Grilled Cheese Vegetables Diced Carrots Fruit Diced Peaches	

All K-12 Breakfast and Lunch are served with a choice of milk. Preschool and Supper meals are served with 1% white milk. Milk is not offered at snack.

This institution is an equal opportunity provider.