



August 2023

Houston Gateway Academy Lunch K-8

	01	02	03	04
Lunch Entree Turkey Pepperoni Pizza Vegetables Diced Carrots Broccoli Fruit Craisins	Lunch Entree Beef Tamales + Queso Dip Vegetables Pinto Beans Green Beans Fruit Orange	Lunch Entree "Fried" Chicken Bowl with Mashed Potatoes & Corn Fruit Red Apple Slices	Lunch Entree Breakfast for Lunch: Scrambled Eggs, Turkey Sausage & French Toast Sticks Vegetables Sweet Potato Hash Collard Greens Fruit Apple Juice	Lunch Entree BBQ Chicken Tender Sandwich Vegetables Crinkle Cut Fries Green Beans Fruit Diced Peaches
Lunch Entree Italian Pull Apart Cheese & Garlic Bread Vegetables Diced Carrots Collard Greens Fruit Craisins	Lunch Entree Mini Chicken Corn Dogs Vegetables Tater Tots Baby Carrots Fruit Orange	Lunch Entree Rotini & Meatsauce Vegetables Green Beans Corn Fruit Red Apple Slices	Lunch Entree Oven Fried Chicken Drumstick Vegetables Baked Beans Breaded Okra Fruit Apple Juice	Lunch Entree Cheeseburger Vegetables Wedge Cut Fries Romaine Lettuce Fruit Diced Peaches
Lunch Entree Beef Crumbles Pizza Vegetables Diced Carrots Broccoli Fruit Craisins	Lunch Entree Chicken Tenders & Honey Mustard Dip Vegetables Baked Beans Breaded Okra Fruit Orange	Lunch Entree Teriyaki Glazed Chicken Drumstick Vegetables Green Beans Green Peas Fruit Red Apple Slices	Lunch Entree Korean BBQ Chicken Vegetables Cheesy Corn Casserole Broccoli Fruit Apple Juice	Lunch Entree Turkey Hot Dog Vegetables Crinkle Cut Fries Carrots Fruit Diced Peaches
Lunch Entree Turkey Pepperoni Pizza Vegetables Diced Carrots Broccoli Fruit Craisins	Lunch Entree Grilled Cheese Vegetables Corn Sugar Snap Peas Fruit Orange	Lunch Entree Beef Taco Vegetables Pinto Beans Corn Fruit Red Apple Slices	Lunch Entree Chicken Parmesan Penne Pasta Vegetables Green Beans Fruit Apple Juice	

All K-12 Breakfast and Lunch are served with a choice of milk. Preschool and Supper meals are served with 1% white milk. Milk is not offered at snack.

This institution is an equal opportunity provider.